

FREE
for ALL
Students

**DECEMBER 2024
CRA Lunch**

Offered Daily	Monday	Tuesday	Wednesday	Thursday	Friday
Galaxy Cheese Pizza 🌿	2 Kickin' Sandwich ✓	3 Crispy Chicken Tenders w/ Cornbread Poppers	4 GF Chicken Taquitos* <i>*no antibiotics ever</i>	5 Cheeseburger Sliders	6 Penne w/ Meatballs
Cheese Croissant Sandwich 🌿	9 Macaroni & Cheese 🌿	10 Crispy Chicken Drumstick w/ Waffles	11 Crunchy Beef & Cheese Tacos <small>Lettuce, Cheese & Tomato Cup (side)</small>	12 Chicken Pretzel Dog* <i>*no nitrates or nitrites</i>	13 GF Teriyaki Chicken w/ Brown Rice 🍴
Cheese Pizza Wedge 🌿	16 Kickin' Nuggets w/ Roll ✓	17 Holiday Feast (Mary's Roasted Chicken Drumstick* 🍴 Mashed Potatoes w/ Gravy, Hawaiian Roll) <i>*no antibiotics ever</i>	18 GF Make Your Own Nachos	19 Cheese Pizza Wedge 🌿 1 ENTRÉE CHOICE	20 No school

Fruits, Veggies & Milk with Meal

🍎 **Fruits & Veggies May Include:** Grapes, Organic Banana, Organic & Local Cara Cara Orange, Local Asian Pear, Apple Slices, Apple, Baby Carrots, Cooked Corn, Edamame, Tater Tots, Broccoli, Celery, Persian Cucumber, Jicama

🥛 **1% Milk* & Nonfat Chocolate Milk***
**made from cows not treated with rBST*

🌿 Vegetarian ✓ Vegan GF Gluten Free 🍴 House-Made

📷 Follow Us! @capofood



This institution is an equal opportunity provider. Menus are subject to change without notice.