

**FREE**  
for ALL  
Students



# MARCH 2025 CRA Lunch

Monday

Tuesday

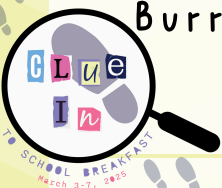
Wednesday

Thursday

Friday

Offered Daily

Bean & Cheese  
Burrito



Galaxy Cheese  
Pizza

Cheese  
Croissant  
Sandwich

Cheese Pizza  
Wedge

Bean & Cheese  
Burrito

3  
Mozzarella  
Crunchers

10  
Kickin'  
Sandwich

17  
Macaroni &  
Cheese

24  
Kickin'  
Nuggets w/  
Roll

31  
Mozzarella  
Crunchers

4  
Crispy Chicken  
Filet  
Sandwich on  
Brioche Bun

11  
Crispy Chicken  
Tenders w/  
Cornbread  
Poppers

18  
Crispy Chicken  
Drumstick w/  
Waffles

25  
Make Your Own  
Bao Bun w/  
Teriyaki Chicken

**Fruits, Veggies & Milk with Meal**

**Fruits & Veggies May Include:** Granny Smith Apple, Tangerine, Organic Banana, Kiwi, Apple Slices, Green Pear, Jujube, Baby Carrots, Cooked Corn, Edamame, Tater Tots, Broccoli, Celery, Organic Sugar Snap Peas

**1% Milk\* & Nonfat Chocolate Milk\***  
*\*made from cows not treated with rBST*

5  
GF Chicken  
Tamale

12  
GF Chicken  
Taqitos

19  
Crunchy Beef  
& Cheese Taco  
*Lettuce, Cheese &  
Tomato Cup (side)*

26  
GF Make Your  
Own Nachos

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**1% Milk\* & Nonfat Chocolate Milk\***  
*\*made from cows not treated with rBST*

6  
Pepperoni Pizza  
Wedge

13  
Cheeseburger  
Sliders

20  
Chicken Double  
Dogs\*  
*\*no nitrites or nitrates*

27  
Hamburger  
on Potato  
Brioche Bun  
*Lettuce & Tomato Cup  
(side)*

**Fruits, Veggies & Milk with Meal**

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7  
Mandarin  
Orange  
Chicken w/  
Chow Mein

14  
Spaghetti  
w/ Meatballs

21  
GF Teriyaki  
Chicken w/  
Brown Rice

28  
Bolognese  
Spaghetti

Vegetarian  
 Gluten Free  
 Vegan

Contains Pork  
 One Health Cert.  
 Locally Baked

House-Made  
 Grass-fed Beef, Regenerative Ranch  
 Contains Sesame

Follow Us! @capofood

*This institution is an equal  
opportunity provider. Menus are  
subject to change without notice.*

